



APRIL 2023

## “The Flight Log”

President:  
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Editors:  
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## SAVE THE DATES

April 20  
Luncheon  
The Greek  
Cost \$40/RSVP

May 18  
Luncheon  
Yolanda's – CAMARILLO  
Cost \$40/RSVP

June 15  
Luncheon  
Los Posas Country Club  
Cost \$40/RSVP

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## PRESIDENT'S MESSAGE | DINA SCHWALBACH

*“When you are kind to others, it not only changes you,  
it changes the world.” – Harold S. Kushner*

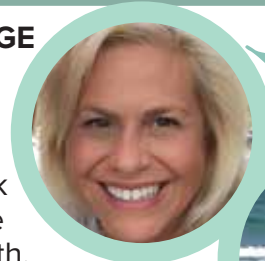
We had such fun celebrating last month at PCYC. Thanks to Joy Roy and others who contributed to the purchase of the beautiful topiary centerpieces. They were a big hit with many Gulls. Thanks to Kate Thompson and her committee for decorating the room early for PCYC so that the Gulls could enjoy the décor, too. Thank you to the winner of the 50-50, Kristy Bowler, for making a contribution to the Gulls from her winnings. Many thanks to everyone who gives their time and money to the Gulls so we can help our charities. I look forward to seeing all of you later this month when we meet at The Greek for another delicious and enjoyable lunch as we continue the goal of “fun” raising for our charities. -Dina

## VICE PRESIDENT'S MESSAGE BROOKE PRIMERO & KELLY ERIKSSON

Happy Spring, Gulls! We look forward to seeing you at The Greek on Thursday, April 20th, where open seating is first come, first served — get there early with your Gull-friends if you want to sit together. **DON'T FORGET TO ENTER VIA THE FRONT DOOR**, or you'll miss check in! Please remember to RSVP by midnight on Tuesday, April 11th.

## WAYS & MEANS JOY ROY & KAREN KNIGHT

Wow! What a great month March was for our charities! Thanks to all of you for coming out and showing your support. I want to give a shout out to Michelle Renae and Bev Ledesma for selling tickets and greeting cards.



You ladies are awesome! I want to thank my co-chair Karen Knight for the great idea of a mystery raffle, it brought in \$335.

I also want to thank all the ladies who donated towards the centerpieces — they brought in \$605. Thanks again to artist Nancy Klein, whose artwork is on our new Gulls greeting cards. The cards made \$630. The 50/50 brought in \$455 for a grand total that day of \$2,025!

## CHARITY SPOTLIGHT JULIA MARSHALL & KAREN KNIGHT

This month our Charity Spotlight shines on California Coastal Horse Rescue. The Mission of CCHR is to rescue abandoned, abused, neglected and slaughter-bound horses and to provide them with a second chance at healthy and productive lives. In addition to caring for the horses, and finding them new homes, CCHR offers free educational programs. The **Learn, Care & Share** program is designed to introduce children and young people to horses and to teach them equine basics and animal care. Children benefit greatly from interacting with the CCHR horses – learning compassion and empathy for animals, and gaining confidence and a sense of responsibility. In addition to school groups, CCHR works with inner city youth groups and special needs groups and tailors the program accordingly.

CCHR offers a program for its youngest participant, **Pony Tales Reading Club**. Children ages 6 to 10 spend time reading aloud to one or more of the horses. Not only do the children gain confidence and improve their reading skills, but they have four- legged audience members who absolutely love the attention!

**CCHR will be holding “Help A Horse Day,” a fun fundraiser on Sunday, April 30 from 11:00 a.m. to 3:00 p.m. at the Ranch**

Thank you to all our generous Gulls for filling the Safe Passage van at our March luncheon!

The Gulls enjoyed hearing from Jim Duran of the City Center and the ongoing successes they have with the homeless children and their parents that they serve. GULLS: We have a room at the City Center in our name!

The Gulls sponsored the continental breakfast at Forever Found’s Second Annual Golf Tournament recently at Moorpark Country club.



# APRIL LUNCHEON

*Thursday, April 20 – The Greek  
1583 Spinnaker Drive, Ventura Harbor  
11:00 AM Social 12:00 Noon Meeting  
Followed by Luncheon*

*Luncheon will be served family style  
Open seating*

## MENU

### STARTER

*Pita Bread with Hummus  
Spanikopita*

### ENTRÉE

*Salad & Rice  
Mixed Vegetables  
Chicken Kabob  
Filet Mignon Kabob*

### DESSERT

*Mini Baklava*

### BEVERAGES

*Coffee, Iced Tea, Hot Tea*

### DRINK SPECIALS

*Nectar of the Gods (\$9)  
Bloody Mary (\$6)  
House Wines (\$8)  
Corkage: (\$15)*

**CALL OR TEXT YOUR RESERVATION (805) 263-7759**

**EMAIL YOUR RESERVATION:**

**[cigullsreservations@gmail.com](mailto:cigullsreservations@gmail.com)**

**LUNCHEON COST \$40.00**

**Skip the line - pay in advance with Venmo!**

**RESERVATION DEADLINE**

**Tuesday APRIL 11th at Midnight.  
No Exceptions!**

## SUNSHINE & IN-MEMORIAM

Karen Knight made a trip to College Station, Texas to visit her brother who retired from his position as the head baseball coach at Texas A&M.

Debra Block is grandmother to baby girl, Penelope Florence Baugher, born on February 28.

Dina Schwalbach just returned from her trip to Hawaii. Also, Kelly Eriksson was vacationing in Hawaii

Shirley Spangenberg was in the Port Hueneme 75th anniversary parade with the Sharon's Sizzling Seniors exercise class. She rode in the Mary Kay pink Cadillac and stood up in the moon roof and waved to everyone along the route

Denise Schriedel recently celebrated her mother's 83rd birthday in Dallas. Denise is looking forward to being a first-time grandmother. She attended her oldest daughter, Natalie's baby shower along with her youngest daughter Rachael in St. George, Utah



A little humor from Shirley: Fuel prices are so high that I went to the car dealership and test-drove three cars to run my errands. Follow me for more saving tips!



Please let us know of anything you would like to share in our newsletter. We would love to print your news. Call: Shirley Spangenberg 805-824-4005 or Cheryl Mahoney 805-302-8086



## APRIL BIRTHDAYS

- Lilian Bruce
- Mary Jo Carson
- Rebeca Elliott
- Belia Galliford
- Nancy Gorski
- Sylvia Solis Herrera
- Sarah Kelleher
- Nancy Klein
- Jeanette Lachman
- Lori Madsen
- Julia Marshall
- Jackie Pillai
- Iris Siegel
- Rene Solem
- Dana Weber Young



*Happy Birthday Gulls!*

**CELEBRATE YOUR BIRTHDAY WITH THE GULLS!**  
Attention Gull members with birthdays in April! Attend this month's luncheon and be eligible to win a Swarovski birthstone bracelet. You must be present to participate in the free drawing. Plan to attend the Gulls luncheon in your birthday month for a chance to win a little birthday bling from the Gulls!



**- GULLS GATHER AT MARCH LUNCHEON -**

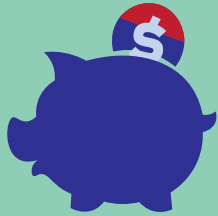


JOIN OUR GIVING GULLS DONOR LIST!  
ALL FUNDS RAISED BY THE CHANNEL ISLAND GULLS GO DIRECTLY TO OUR CHARITES

## 2023 GIVING GULLS

DIAMOND \$5,000 +	EMERALD \$1,000 - \$4,999	RUBY \$500 - \$999	GOLD \$100 - \$499	SILVER \$1 - \$99	SILVER \$1 - \$99
	Clara Duran		Karen Knight	Mary Beth Hanson	Gloria McComb
	Julia Marshall		Kristy Bowler	Rebecca Nichols	Connie Mooneyham
	Kelly Eriksson			Kendra Yoes	Gail Munro
	Janinie Nesbit			Connie Mooneyham	Rebecca Nichols
				Pat Yost	Nancy Stulberg
					Dawn Vanacore





**OUR "CHANGE" IS MAKING A DIFFERENCE!**

Let's keep it going in 2023! Bring your spare change to the luncheons this year. Please keep those coins coming!

**LUNCHEON REMINDERS**

The luncheon reservation deadline is Tuesday April 11th at midnight. **REMEMBER**, a reservation made is a reservation paid. No refunds.

**MEMBERSHIP AND LUNCHEON COST**

Your Gulls \$40 membership dues are due annually – if you haven't renewed, please send a check or renew at the next luncheon!

**Pay via Venmo:**

@channelislandsgulls

**Pay via PayPal:**

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**Pay via Mail:**

P.O. Box 50126 | Oxnard, CA 93031

Checks Payable to:  
Channel Islands Gulls  
**MEMBERSHIP NEWS**

**WELCOME TO THE FLOCK, NEW GULLS:**

Sandra Bolter  
Julie Gisler  
Jeanette Lachman  
Sandra Perrin

**WELCOME BACK TO THE FLOCK:**

Bella Galliford  
Jann Huling

GULL POWER IS GROWING - WE NOW HAVE 193 MEMBERS!

**LUNCHEON RESERVATIONS**

cigullreservations@gmail.com  
805-263-7759

**MEMBERSHIP RENEWAL**

Hey, Gulls: Don't wait – renew your membership NOW! If your membership lapses, you stop receiving the newsletter. Just \$40 to renew. Mail your check in today to: **P.O. Box 50126 Oxnard, CA 93031.**

Or bring your membership renewal check to the March luncheon

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 Each office is independently owned and operated.



Introducing our new Channel Islands Gulls Greeting Cards! Purchase yours at the next luncheon. Packets of 8 cards/envelopes - \$30. Cards left blank for your message.



**YOLANDA'S GIFT CARDS**

Yolanda's gift cards – great gifts for every budget. When you purchase a gift card from the Gulls, we receive 30% of the proceeds! \$25, \$50, \$75, \$100 Amounts

**UPCOMING EVENTS**

**Luncheon**  
**Thursday, April 20**  
**Location: The Greek**  
**11:00 AM Social Hour**  
**12:00 Noon Meeting,**  
**Followed by Luncheon**

**Luncheon**  
**Thursday, May 18**  
**Location:**  
**Yolanda's CAMARILLO**  
**11:00 AM Social Hour**  
**12:00 Noon Meeting,**  
**Followed by Luncheon**

**Thursday, June 15**  
**Location: Los Posas**  
**Country Club**  
**11:00AM: Social Hour**  
**12:00 Noon: Meeting,**  
**Followed by Luncheon**

**Pacific Coast Art**



**Conservator: Joy Roy**

2401 Eastman Ave., Unit 21  
 Oxnard CA, 93030

**p. (805) 216-2107**

pacifcoastart@att.net  
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Advertising to our members is a great way to get the word out about your business or services while supporting the Gulls' charities.

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- \$15 Business Card Size Ad
- \$50 Half Page Ad
- \$100 Full Page Ad
- \$75 Single Page Email Blast

**CONTACT**

Joy Roy | Email: [joyroy44@hotmail.com](mailto:joyroy44@hotmail.com)

